



Nappy and Toilet Training Policy

Policy Statement

Bright Eyes Childcare Ltd care for babies and children in nappies. No child is excluded from our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there is developmental or medical reasons why this may not be appropriate at the time. We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

You will need you to provide your baby's/child's nappies and any over the counter creams you would like us to use when changing your baby/child. We provide wet wipes however if you're child has an allergy to certain wipes you will need to provide your own and declare this in your child's registration form. Please note medicated creams will not be applied unless they have a prescribed label as per our Administering Medicine policy. All creams and wet wipes personal to your child need to be labelled by you with your child's name and DOB, nappies will be labelled by the setting. If you are using towelling nappies for your child we will require all items to be provided and instructions on how to use these as each towelling nappy are different.

We use a changing mat and table which are cleaned with disinfectant between each use, and nappy sacks for the disposal of used nappies in clinical waste bins. Key people wear aprons that are disposed of between changes and disposable gloves to change children's nappies which are changed between each child. Children's nappies are changed at regular intervals, checked every two hours and immediately if they have soiled a nappy. Nappy charts are used to record which time and key persons have changed your child and this information is available on request if needed. We do not allow anyone on work experience to change nappies or toilet children and key persons are only permitted to change nappies and toilet children with a full enhanced DBS check, induction and training. Key persons are gentle when changing children and do not pull faces or make negative comments about contents of children's nappies.

In order to help your child become independent in going to the toilet we provide a potties within the rooms in discrete areas (which will be disinfected after each use), toilet trainer seat (again, disinfected after each use), a step for the toilet and wash basin. Handwashing good hygiene practices when toileting are promoted within the setting, handwash basins are in the rooms for babies and toddlers and free flow access to handwashing if available in preschool rooms. If you would like to use pull up nappies for potty training your child these need to be supplied as with nappies. A couple of spare change of clothes including several pairs of underwear should also be provided for your child in case of any accidents. Soiled clothes or underwear will be put into a nappy sack into the child's bag. Severely soiled underwear may be disposed of in clinical waste at the discretion of key persons.

It is unusual for a child to be ready to be potty trained much before their second birthday and for some children it can be a lot later. Please do not be concerned if your child shows no signs of being ready yet. When your child does start to show signs that they are becoming



aware of their bodily functions your child's key worker will arrange a convenient time to set next steps for potty training with you and discuss your plans for potty/toilet training your child. Whilst the setting cannot be expected to potty train your child, we will support you and your child through the process. It is very important that we work together so as not to confuse or upset your child.

Many parents have various techniques for potty training, some like to use a potty, then progress to a trainer seat whilst other children prefer to go straight to using a trainer seat, some use pull ups, others don't. There is no right or wrong way so long as the technique you use is right for your child. It is important however to remember that when your child is in our care we cannot support certain methods. For example, allow a child to wander around with no clothes on. We have to consider the other children in our care and such methods are not appropriate due to safety and hygiene reasons as well as not being respectful to the privacy of the child who is potty training.

Some children take to potty training overnight for some it is a longer process, the most important thing is that we work together to give your child the support and reassurance they need during this period. We will provide you with daily verbal feedback on how we are progressing with the training.

When children move to the preschool room's toileting is free flow to promote independence and school readiness. Children are taken to the toilet at regular intervals to prompt them and promote handwashing before and after meals. Key persons check and sign toilets every two hours. Children new to free flow toileting will be shown the toilets and visual prompts for handwashing, wiping and toilet flushing are present in the toileting area. Toilets are lowered height for ease of use and potties are also available for children still toilet training.

Date of Policy: March 2019
Signed by: Nursery Manager

Reviewed M Larson 22/2/2020