



Sun Safety Policy - Policy Statement

The safety of our children, staff and the families who use our nursery is of the utmost importance to us. During periods of time in which we experience hot weather/heat waves, it is essential that all staff and children are protected from potential health issues which may arise from exposure to the sun.

Too much ultraviolet (UV) radiation from the sun is the main cause of skin cancer. Exposure to the sun can cause damage to your skin. To support this policy, we have followed advice and guidelines set out by the Sun Smart campaign and Cancer Research.

Children

- All children must be provided with Sun Cream, factor 50, in the hot weather. Bright Eyes will provide Sun Cream for a yearly fee of £5 which can be paid to a senior member of staff in the office.
- Sun Cream will be applied to all children 30 minutes before going outside. Re-application of Sun Cream will be carried out every 2 hours. If children engage in water play, Sun Cream will be applied more frequently as Sun Cream can wash off. The recommendation is a minimum of two teaspoons of sunscreen to cover the head, arms and neck.
- Shade is put up in all our outdoor spaces when it is hot weather. Children will be encouraged to spend time in the shaded areas
- We ask that all children are provided with a Sun Hat and are advised to wear loose, long sleeve cotton clothing.
- Fresh water is available to all children at all times. Children are reminded to have frequent breaks by sitting and having a drink.

Staff

- Staff must wear Sun Cream and preferably a sun hat. This will model Sun Safety to the children.
- Adults are advised to drink water frequently when outside in warm weather.
- During the longer periods of outdoor play in the warm weather, staff are reminded to ensure they engage with children at all times. Staff will be deployed in different areas in the garden to support learning and development in the outdoors.
- If children use the paddling pools or engage in water play, staff members will ensure that children are changed into dry clothes once the child has finished water play. Children will not be left in wet clothes and staff will reapply sun cream to children after water play.
- Shade will be put up prior to outside play.

Date of Policy: August 2019 Reviewed and signed on 19/10/19 by M LARSON OWNER

Signed by: Kirsty Webb Nursery Manager and Director